



The Charette

December 2021

EVENTS & REFLECTION

FROM THE PRINCIPAL'S DESK

YOUR CHILD'S SELF ESTEEM !!

Dear Parents,
Greetings!

Sometimes it's easy to notice when a child seems to feel good about themselves – and when they don't. We often describe this idea of feeling good about ourselves as "self-esteem." Kids with self-esteem feel liked and accepted, feel confident, feel proud of what they can do, think good things about themselves, believe in themselves

Children with low self-esteem are self-critical and hard on themselves, feel they're not as good as other kids, think of the times they fail rather than when they succeed, lack confidence, doubt they can do things well

WHY SELF-ESTEEM MATTERS

Kids who feel good about themselves have the confidence to try new things. They are more likely to try their best. They feel proud of what they can do. Self-esteem helps kids cope with mistakes. It helps kids try again, even if they fail at first. As a result, self-esteem helps kids do better at school, at home, and with friends. Kids with low self-esteem feel unsure of themselves. If they think others won't accept them, they may not join in. They may let others treat them poorly. They may have a hard time standing up for themselves. They may give up easily, or not try at all. Kids with low self-esteem find it hard to cope when they make a mistake, lose, or fail. As a result, they may not do as well as they could.

HOW SELF-ESTEEM DEVELOPS

Self-esteem can start as early as babyhood. It develops slowly over time. It can start just because a child feels safe, loved, and accepted. It can start when a baby gets positive attention and loving care.

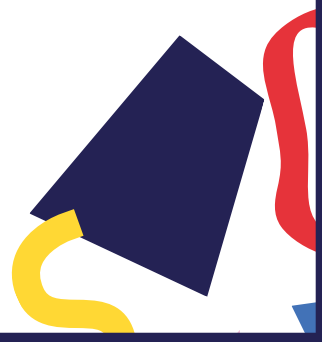
HOW YOU AS PARENTS CAN BUILD SELF-ESTEEM

Every child is different. Self-esteem may come easier to some kids than others. And some kids face things that can lower their self-esteem. But even if a child's self-esteem is low, it can be raised.

Help your child learn to do things. At every age, there are new things for kids to learn. Even during babyhood, learning to hold a cup or take the first steps sparks a sense of mastery and delight. As your child grows, things like learning to dress, read, or ride a bike are chances for self-esteem to grow. When teaching kids how to do things, show and help them at first. Then let them do what they can, even if they make mistakes. Be sure your child gets a chance to learn, try, and feel proud. Don't make new challenges too easy – or too hard. Praise your child, but do it wisely. Don't overpraise, Praise effort, Be a good role model. Ban harsh criticism. Focus on strengths, Let kids help and give.

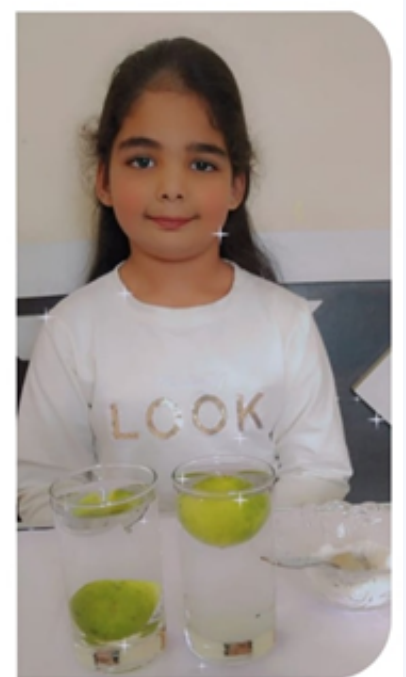
Praying for the Safety of You and Your Loved ones during these tough times

Sushmita Deb
PRINCIPAL



MM SCHOOL

4TH DECEMBER 2021



On the 4th of December 2021, The students of grade-1 enjoyed the knowledge of density comparing different objects from day to day life under the project based learning category

MM SCHOOL

6TH DECEMBER 2021

HAPPY SAINT NICHOLAS DAY



On the 6th of December 2021 Importance of Hornbill celebration in Nagaland and the birthday of St.Nicholas was celebrated.

MM SCHOOL

24TH DECEMBER 2021

SPORTS - WITHOUT SELF DISCIPLINE,SUCCESS IS IMPOSSIBLE.



Sports brought the crowd to another level where the students on 24th of December 2021 learnt and enjoyed the game with their parents and grandparents. The skill to overcome stress and developing sportsman spirit.

CAROL SINGING

Those who wish to sing always find a song. So, here we have Carol for this auspicious day.

Dance*is the joy of life announcement and heart of life.

MM SCHOOL

24TH DECEMBER 2021

MAGIC SHOW



Every child is a magician. It could be seen on the 24th of December 2021 in the ChrislearnFest where the students showed numerous tricks to impress the crowd.

MM SCHOOL ENTREPRENEURSHIP



Entrepreneurship -The extra energy required to make another effort is the secret of winning.

MM SCHOOL

24TH DECEMBER 2021



Disha Agarwal from XI Science bagged the best Girl Student award on the 24th of December 2021.

MM SCHOOL
24TH DECEMBER 2021
CHRISLEARN FEST



Theatre integration was imbibed as a skit named a savior is born where the students learnt what is collaboration communication and understood the zeal to work together. On the 24th of December 2021 in Chrislearn Fest the students engulfed empathy and risk taking factors.

MM SCHOOL

24TH DECEMBER 2021

PERSONALITY SHOW



Personality shows enhance the skills in such a way that defines a person or a persona & is often used about a person's character .It helps to boost confidence in children & helps feel ready for life's experiences. When they're confident, they're more likely to move forward with people and opportunities — not back away from them. It fuels up self-esteem, a feeling of having respect for yourself and your abilities. On the 24th of December 2021 the students performed on the ramp with confidence.

MM SCHOOL

24TH DECEMBER 2021



Ms. Rohini Thapa Principal of APS graced the dais as a chief guest and encouraged the students with the awards followed by cake cutting ceremony.

MM SCHOOL

24TH DECEMBER 2021



Principal Ms Shusmita Deb encouraged the students and bestowed the floating crowd in a religious manner wishing ' A very happy Christmas and New Year'.



Thankyou For Reading

The MM Chronicles

For the Month of December

Do stay tuned for the
Newsletters in the coming
Months